


**Sheraton
LaGuardia East**
HOTEL
FLUSHING CENTER, NY

Deli Buffet

Bow Tie Pasta Salad, Red Bliss Potato Salad, Coleslaw Salad

Selections Of:

Roast Beef, Roast Turkey, Genoa Salami
Swiss Cheese, American Cheese, Provolone Cheese

Relish Tray Of:

Lettuce, Sliced Tomatoes, Sliced Onions, Deli Pickles

Assortment Of Breads:

Kaiser Rolls, Croissants, Rye, Whole Wheat, And White

Bags Of Potato Chips

Desserts:

Sliced Seasonal Fresh Fruit
Assortment Of Freshly Baked Cookies
Homemade Brownies

Assorted Sodas

Freshly Brewed Coffee, Decaffeinated Coffee And
Assorted Teas

\$22.95 Per Person

21% Taxable Service Charge And 8.375% State Sales Tax Will Be Applied To All Food And Beverage Items



**Sheraton
LaGuardia East**
HOTEL
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Gourmet Boxed Lunches

All Boxed Lunches Include Appropriate Condiments And
Disposable Ware, Assorted Soft Drinks Or Bottled Waters
All Boxed Lunches Are Accompanied By Whole Fruit Or Potato Chips & Cookies

Please Select Three Per Dining Experience

Vegetarian Wrap

Flour Tortilla Filled With Marinated Grilled Vegetables

Deli Sandwich Wrap

With Turkey & Swiss Cheese Or Ham And Swiss Cheese

Grilled Chicken Caesar Wrap

*Grilled Breast Of Chicken, Diced & Tossed With Crisp Romaine And
Creamy Caesar Dressing & Shaved Parmesan Cheese
Wrapped In A Flour Tortilla*

Roast Beef Wrap

*Thinly Sliced Roast Beef, Munster Cheese And Horseradish Mayo
Wrapped In A Flour Tortilla*

Turkey Wrap

*Thinly Sliced Oven Roasted Turkey With Swiss Cheese Or
Ham With American Cheese Served On
Lettuce Wrapped In A Flour Tortilla & Tomato.*

\$19.95 Per Person

21% Taxable Service Charge And 8.375% State Sales Tax Will Be Applied To All Food And Beverage Items



Executive Lunch Buffet

(Minimum 35 Guests)

Please Select One:

Field Green Salad In A Citrus Vinaigrette
Baby Spinach And Wild Mushrooms With Bacon And Blue Cheese Dressing
German Style Potato Salad

Please Select Three:

Shredded Smoked Chicken With Cherry Tomato And Pinenut Pesto
Grilled Flank Steak, Fresh Mushroom And Cognac Cream Sauce
Roasted Salmon, Sundried Tomatoes And Lemon Caper Sauce
Grilled Seasonal Vegetables With Bagna Cauda Dressing
Teriyaki Pork Tenderloin With Red Onions And Sweet Peas

Served With:

Traditional Fried Rice
Freshly Baked Rolls And Butter
Fresh Sliced Seasonal Fruits
Assorted Cakes & Pies
Freshly Brewed Coffee, Decaffeinated Coffee
Herbal Teas

\$34.95 Per Person

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Plated Lunch

(Minimum 25 Guests)

Salad

Choice Of One

Caesar Salad, Garden Salad, Or Spinach Salad

Entrees

Choice Of One

Chicken Francaise

Sautéed Breast Of Chicken In A Lemon Wine Sauce

Chicken Marsala

Breast Of Chicken Sautéed With Mushrooms In A Marsala Wine Sauce

Sliced Sirloin Of Beef

Thinly Sliced Sirloin Topped With A Rich Burgundy Wine Sauce

Baked Salmon

Baked Filet Of Salmon Topped With A Light Dill Sauce

Half Roasted Chicken

Apple Pork Loin

Pork Medallions Sautéed And Topped With Demi Apple Sauce

Penne Ala Vodka

Angled Tubular Pasta Topped With A Creamy Pink Sauce With Proscuitto And Peas

Meat Or Vegetable Lasagna

All Entrees Are Accompanied By Vegetable And Potato Du Jour

Freshly Baked Rolls And Butter

Dessert

Pre Select One

Chocolate Mousse Cake, NY Cheesecake, Orange Sherbet, Apple Pie, Tiramisu

Coffee, Tea, Decaf And Soda Are Also Included

\$26.95 Per Person

21% Taxable Service Charge And 8.375% State Sales Tax Will Be Applied To All Food And Beverage Items


**Sheraton
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HOTEL
FLUSHING CENTER, NY
Hot Lunch Buffet
(35 Person Minimum)

Salads

Cucumber And Tomato Salad
Fresh Fruit Salad
Dutch Potato Salad
Cole Slaw

Entrees

Please Select Three Of The Following:

Pasta Primavera	Meat Or Vegetable Lasagna
Sliced London Broil	Honey Dipped Fried Chicken
Chicken Marsala	Baked Ziti
Sliced Loin Of Pork, Mustard Sauce	Broiled Salmon, Dill Cream Reduction
Roast Turkey, Giblet Gravy And Cranberry Sauce	Sausage And Peppers
Brandied Ham, Rosemary Raisin Sauce	Penne Ala Vodka
	Chicken Scampi

Chef's Selection Of Accompaniments
Of One Fresh Vegetable And Starch
Freshly Baked Rolls And Butter

Assorted Cakes And Pies

Freshly Brewed Coffee, Decaffeinated Coffee,
Herbal Teas And Assorted Sodas

\$28.95 Per Person

21% Taxable Service Charge And 8.375% State Sales Tax Will Be Applied To All Food And Beverage Items



LUNCHEON BUFFET

(Minimum Of 50 People)

Salad Selection

(Please Select Four)

Caesar Salad, Fresh Fruit Salad, Herbed Pasta Salad, Marinated Mushroom Salad, Spicy Potato Salad, Fresh Field Green Salad
With Assorted Dressings, Tomato, Cucumber & Red Onion Vinaigrette

Entrees

Chicken Milanese, Seasoned Herb Crusted Chicken With Lemon Cream Sauce

Chicken Marsala With Sautéed Wild Mushrooms, Marsala Wine Sauce

Sesame Chicken With Teriyaki Glaze & Ginger Spiced Vegetables

Chicken Romano With Marinara Sauce & Melted Mozzarella

Sliced Roast Strip Sirloin With Red Wine Glaze

Roast Pork Loin With Rosemary Mustard Glaze

Penne Pasta Primavera

Meat Lasagna

Rigatoni With Italian Sausage, Roasted Red Peppers Grilled Vegetables

Baked Sea Bass With Provencale Sauce

Seared Salmon With Mustard Sauce

Chef's Selection Of Fresh Vegetables & Potatoes

Featured Dessert Station

Coffee, Tea, Decaffeinated Coffee And Freshly Brewed Iced Tea

\$26.95 - Two Entrees

\$29.95 - Three Entrees

21% Taxable Service Charge And 8.375% State Sales Tax Will Be Applied To All Food And Beverage Items



MIN-LUNCHEON BUFFETS

The Following Luncheon Buffets Are Expressly Designed For Groups Of 20 To 35 People Who Desire The Efficiency And The Simplicity Of A Buffet For Their Group. These Buffets Are Strictly Limited To The Exact Numbers Of A Minimum Of 20 And A Maximum Of 35 Guests.

THE ORIENTAL EXPRESS

Oriental Green Salad With Bamboo Shoots, Water Chestnuts And
Pea Pods With A Ginger Orange Dressing
Fresh Fruit Bowl With Oranges, Pineapple, Apples, Bananas, Grapefruit And Mandarins
General Tso's Crispy Chicken With Sweet And Sour Sauce
Chicken Stir Fry With Teriyaki Glace
Egg Rolls With Hot Mustard And Hos Si Jung Sauce
Pork Fried Rice, Stir Fry Vegetables
Assorted Rolls And Flatbreads
Chocolate And Vanilla Mousse Desserts
Fortune Cookies
Freshly Brewed Coffee, Decaffeinated Coffee, Hot Tea And Iced Tea
\$24.95 Per Person

LITTLE ITALY

Crisp Field Green Salad With Italian Vinaigrette
Roma Tomato, Sliced Red Onion, Mozzarella And Fresh Basil With Balsamic Vinegar
Tri Color Tortellini Alfredo
Chicken Parmesan
Pasta Primavera
Hard And Soft Italian Breads And Oils
Tiramisu With Kahula Cream
Coffee, Tea, Decaffeinated Coffee, Hot Tea And Iced Tea
\$24.95 Per Person

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SOUTH OF THE BORDER

Chilled Romaine Lettuce With Pico De Gallo
Grated Monterey Jack And Cheddar Cheese With Assorted Dressings
Corn Tostada Chips With Spicy Salsa
Three Cheese Quesadilla
Chicken Fajitas, Roasted Pepper And Onions,
Pico De Gallo, Shredded Monterey Jack Cheese,
Sour Cream And Guacamole, Flour Tortillas
Spanish Rice And Refried Beans
Key Lime Pie With Citrus Crème
Coffee, Decaffeinated Coffee, Hot Tea And Iced Tea
\$22.95 Per Person

ITALIAN LUNCH BUFFET

(Minimum Of 50 People)
Marinated Tomato & Red Onion Salad
Chilled Rotini Salad, Grilled Vegetable Platter
Caesar Salad With Parmesan & Garlic Croutons
Antipasto Platter -
Salami, Pepperoni, Cherry Peppers, Balsamic Grilled Portobello Mushrooms
Black Olives, Sweet Peppers, Mozzarella & Shaved Parmesan

Entrees

Rigatoni Bolognese
Large Hand Tossed Pizzas
Pepperoni, Italian Sausage & Vegetarian
Mediterranean Chicken
Topped With Roasted Peppers & Sun-Dried Tomato Pesto

Desserts

Tiramisu, Biscotti, Lemon Essence Cheesecake
Freshly Brewed Coffee, Tea & Decaffeinated Coffee Or Iced Tea
\$27.95 Per Person

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Boxed Lunches

The Pearl

Roast Turkey Club Sandwich With Bacon, Swiss Cheese, Lettuce And Tomato On Multi Grain Roll
Bag Of Potato Chips
Crisp Apple
Chocolate Chip Cookie
Choice Of Soda Or Bottled Water
\$16.50 Per Person

The Jade

Grilled Herb Breast Of Chicken With Sun Dried Tomato Pesto On A Kaiser Roll
Appropriate Condiments
Bag Of Potato Chips
Chocolate Fudge Brownie
Choice Of Soda Or Bottled Water
\$16.50 Per Person

The Diamond

Shaved Deli Roast Beef On A French Baguette, With Horseradish, Mayonnaise And
Appropriate Condiments
Bag Of Potato Chips
M & M Jumbo Cookie
Choice Of Soda Or Bottled Water
\$16.50 Per Person

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